

2008-09 NFHS Wrestling Rules Interpretations

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Revisions/Clarifications to Case Book: (Underlining shows additions; ~~strikethrough~~ shows deletions.);

Page 10, 3.1.4 SITUATION: RULING...~~The head coach of Wrestler A has a team point deducted for unsportsmanlike conduct as he has already verified that all of his wrestlers are properly equipped and ready to wrestle. (5-31-1; 7-3-6)~~

Pages 11-12, 4.1.1 SITUATION B: RULING...and Wrestler B is awarded a match point. ~~and the head coach of Team A is also penalized for unsportsmanlike conduct. ... (1-2-7; 5-31-1; 7-5-3; 8-1-1)~~

Page 12, 4.1.1 SITUATION C: RULING...Wrestler B is awarded two match points. ~~and the head coach of A is also penalized for unsportsmanlike conduct. (1-2-7; 5-31-1; 7-4-2; 8-1-1)~~

Page 18, 4.3.3 SITUATION: RULING...~~The head coach of Wrestler A is also penalized for unsportsmanlike conduct ...~~

Page 42, 6.6.6 SITUATION H: RULING...An injury time-out is also charged to the wrestler in order to correct what is needed, ~~and the head coach is penalized. ...~~

Pages 48-49, 7.4.2 SITUATION B: RULING...and the team would receive a three ~~two~~ point deduction. ...

Page 53, 8.1.1 SITUATION B: RULING...~~The head coach is also penalized for unsportsmanlike conduct and one team point is deducted from his or her team score. ...~~

SITUATION 1: A designated, on-site meet physician examines a wrestler with a skin problem. The wrestler has a proper form from a personal physician that states that he/she would not be contagious in two more days and cannot compete until then. The designated, on-site meet physician rules that the wrestler may compete immediately. May the designated, on-site meet physician make that ruling? **RULING:** The designated, on-site meet physician may overrule both a form allowing participation or one not allowing participation. A current examination is considered more accurate than one done previously. (4-2-3, 4)

SITUATION 2: A wrestler steps on the scale when the 125-pound weight class is called. This wrestler weighs 125.3 pounds. Where may this wrestler compete for this event assuming that there is no weight allowance due to growth or consecutive days of competition and also is following his/her weight management plan? **RULING:** This wrestler is eligible for both the 130- and 135-pound weight classes based on NFHS rules. This wrestler's actual stripped weight will

be recorded when he/she steps on the scale at the 125-pound weigh-in. This wrestler will not weigh-in again to be eligible for the two weight classes allowed by the actual stripped weight. **COMMENT:** Each member state association's wrestling weight management program may be more restrictive and, in turn, may not allow a wrestler to move up a weight class because of its individual wrestling weight management plan. (1-2-5; 1-3; 4-4-2)

SITUATION 3: The head coach is penalized a second time for unsportsmanlike conduct on the first day of a three-day tournament. What is the penalty? **RULING:** The head coach is to be removed from the premises immediately on the second penalty and two team points will be deducted. The head coach is removed for the remainder of the three-day tournament.

COMMENT: If the head coach is the only coach for this team at this tournament, the meet management should check with the respective state association to determine what rules, policies or procedures it has in place to deal with a head coach who has been ejected, leaving the team without another individual present to coach the team.

SITUATION 4: (a) Wrestler A reports to the scorer's table not properly equipped and not ready to wrestle; or (b) Wrestler A reports to the scorer's table and is properly equipped and then goes back to his/her coach in the corner; or (c) Wrestler A has reported properly to the scorer's table and then reports to the wrestling area on the mat and then returns to his/her coach in the corner.

RULING: In (a), Wrestler A is not properly equipped and he/she will be sent back to the coach and penalized with a technical violation and a match point will be awarded to the opponent.

Wrestler A will also be charged an injury time-out and will have 1½ minutes of injury time in order to become properly equipped and ready to wrestle. In (b), Wrestler A is delaying the match and shall be penalized for stalling, and a warning will be issued the first time. In (c), Wrestler A is penalized for leaving the wrestling area without the referee's permission, which is a technical violation and a match point is awarded to the opponent. **COMMENT:** A match begins when the proper wrestler reports to the scorer's table in dual matches and tournaments until the conclusion of wrestling. The proper wrestler is required to report to the scorer's table ready to wrestle, and then immediately report to the center of the mat and not go back to his/her corner. In some tournaments, one wrestler such as the one in the top of the bracket, is asked to pick up the bout sheet and deliver it to the scorer's table. This delivery would not be considered reporting to the scorer's table for purposes of determining ready to wrestle. (5-18-2; 7-3-4; 7-3-6; 7-6-6b)

(As of October 14, 2008)